

Prayer Time

1. Sign of the Cross
2. Invocation (to Holy Spirit) & entrance”
3. Simple *Lectio*
4. Bring Your Life In
5. “Thank You”
6. Our Father
7. Praise

Bring Your Life In

Bring to the Lord the major preoccupation or joy you have in your heart. “Lord, is there something you are telling me? A light you want to give me

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Simple Lectio

1. *“Speak, Lord, Your Servant is listening...”*
2. *Read the text slowly and carefully*
3. *After a moment, re-read the text and ask yourself: “What does this passage say about God’s Love for me?”*
4. *Pause*
5. *Re-Read the text and ask yourself: “How can I respond to God’s Love? What can I do today to live in His Love?”*
6. *Offer to God your “Action plan”*